BETWEEN APPOINTMENTS™

CLINICAL TRIALS

Questions that protect your sense of choice when the word trial feels frightening

Why this resource exists

The word trial can sound like experimental, dangerous or last resort. It can also make people feel that control has been taken away.

A trial is a choice. You deserve clear information, time to think and an explanation of what participation would mean in your specific situation.

Questions about the trial

What is the purpose of this trial?

Why is it being offered to me now?

What phase is it?

What treatment would I receive outside the trial?

How is treatment decided within the trial?

Questions about daily life

- How often would I attend hospital?
- What extra scans, blood tests or appointments are required?
- What costs or travel are involved?
- Who do I contact between visits?
- What happens if side effects are difficult?

Questions about choice

Can I take time to decide?

Can I withdraw later?

What happens to my care if I say no?

Could joining affect later treatment options?

Who can explain the consent form with me?

Take someone or take notes

A trial conversation can contain a lot of unfamiliar information. Asking for written material, recording questions and bringing someone you trust can make the decision feel more manageable.

Use this sheet as a starting point

You do not need to complete every section. Circle one line, write one name, or use one sentence. Small pieces of clarity are enough for today.

Important

This resource offers practical lived-experience support and does not replace medical, psychological, legal or employment advice. Contact your clinical team or emergency services if you are worried about your health or immediate safety.